

SYDNEY HALL, M.ED.

School Counselor



STUDENT SUPPORTS

Short term individual
counseling

Small group
counseling

Classroom lessons

Counseling Website

Monthly Newsletter/Calendar

Power Packs

McKinney Vento

RESOURCES FOR FAMILIES



Counselor Corner

Sydney Hall | School Counselor | Apollo Elementary School

Welcome, Rockets! I am so glad you are here. Click around to navigate through different resources and information.



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[Counselor Calendar](#)



[Resources for Students](#)



[Social Emotional Learning](#)



[Monthly Newsletter](#)



[Contact Me](#)

Info For Families & Staff

Click the boxes below for more information!

+ Add a view

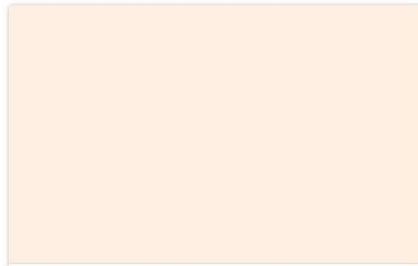
Properties Filter Sort Search ... **New** ▾



 Power Packs



 VOICE Mentorship



 CharacterStrong Podcast



 McKinney Vento



 CharacterStrong Webinars



 Section 504



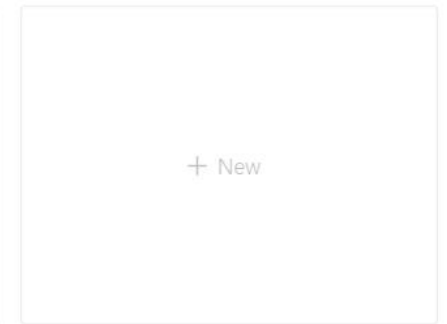
 Articles & Videos



 SEL Resources



 Other Resources



+ New

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Counselor Corner

September 2021



Welcome Back!

Hello, Apollo Families! We are so excited to have students returning to our building this year as well as having the chance to continue connecting with our families. My name is Sydney Hall and I am the school counselor this year, filling a leave for Cathy Gilbert. I am eager to be a part of the Apollo community and start building relationships! My hope is to send out a newsletter for families each month with counseling related updates, links to resources, as well as information on topics such as mental health and social emotional learning. I have a strong passion for removing barriers to academic success and well-being. I believe in meeting the needs of ALL students and acknowledging their strengths as they grow through their K-5 education. Outside of my life as a school counselor, I love to spend time outdoors, travel, and spend time with friends and family. I have a cat named Frankie, a tendency to buy more books than I can hold, and love sushi & iced coffee! Please reach out at any time if I can support you or your student! I look forward to meeting you in the future.



Visit my [website](#) for more information & resources!

What does a school counselor do?

As a school counselor, I am committed to supporting students in academics, social emotional support, and post-secondary education. I interact with students by visiting classrooms to provide lessons, working with small groups, and providing short-term individual counseling for students who need additional support. My role includes serving families and connecting them with resources based on specific needs. I also serve on teams in the building designed toward meeting individual student needs and creating interventions for students who need academic or social emotional supports. I also serve as the school's 504 and McKinney Vento coordinator, and act as the point of contact for our VOICE Mentor and Power Pack programs.

Resources

Below are some of the resources we provide at Apollo! Please contact me if you have questions.

Power Packs

Apollo partners with the Issaquah Food Bank to provide Power Packs to our Apollo families! Power Packs consist of non-perishable breakfast, lunch, dinner, and snack items for students and their families over the weekend. Power Packs will be discretely passed out to students each Friday. To sign up for Power Packs, please fill out this [form](#) by **Friday September 3rd**. You can also register with the Issaquah Food & Clothing Bank to receive additional resources.

McKinney Vento

Apollo also offers services and resources for families experiencing homelessness or who lack a fixed, regular, adequate nighttime residence. You can read more about McKinney Vento [here](#). Students who receive these services have rights to their school of origin, free lunch, transportation to and from school, and other services and programs. If you have questions about McKinney Vento or would like to see if your family qualifies, please contact me at halls@issaquah.wednet.edu.



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Power Packs

McKinney Vento

RESOURCES FOR FAMILIES

OTHER ROLES

- Tier 2 Facilitator
- 504 Coordinator
- VOICE Mentorship Program Coordinator

HALLS@ISSAUQUAH.WEDNET.EDU

(425) 837-7544

STEPHANIE WALLACE

PBSES Coach

Positive Behavior and Social
Emotional Support Coach

SUPPORTS FOR ALL

Staff

- Professional development (SEL, Relationship building, Proactive Classroom Management Strategies, Positive behavior supports)
- Weekly Coaching emails
- Coaching Sessions
- Modeling
- Co-Teaching
- Planning

Students

- Clear expectations (Rocket Way)
- Reinforcement Systems (Rocket Slips, Golden Rockets)
- SEL Lessons (Second Step or supplemental)
- Relationship building (Morning meetings, Recess, lunch)
- Problem solving (Recess)

Location	Be Respectful	Be Responsible	Be Safe
Morning Arrival	<ul style="list-style-type: none"> • Voice level 3 • Follow adult instruction first time 	<ul style="list-style-type: none"> • Wait at your line spot • Calm body 	<ul style="list-style-type: none"> • Walk • Keep hands, feet, and objects to self • Words and actions have positive impact on others
Hallways	<ul style="list-style-type: none"> • Voice Level 0-1 • Single file or shoulder to shoulder 	<ul style="list-style-type: none"> • Walk on the right side of the hallway • Go directly to your destination 	<ul style="list-style-type: none"> • Face forward • Keep hands, feet, and objects to self • Walk • Words and actions have positive impact on others
Recess	<ul style="list-style-type: none"> • Voice Level 5 • Take turns and share • Include any students that would like to play • Honor personal space • Show good sportsmanship • Keep equipment away from windows 	<ul style="list-style-type: none"> • Put equipment away • Follow game and school rules • Line up quickly when bell rings or whistle blows 	<ul style="list-style-type: none"> • Use playground equipment as intended • Play safely on and around climbing toys • Stay where you can be seen by an adult • Leave all nature on the ground • Walk on barked areas • Words and actions have positive impact on others
Restrooms	<ul style="list-style-type: none"> • Voice Level 2 • Respect the privacy of others • Close privacy doors 	<ul style="list-style-type: none"> • Use one pump of soap • Be quick • Throw paper towels in garbage can • Go. flush. wash. throw. leave 	<ul style="list-style-type: none"> • Wash your hands • Report any messes • Keep hands, feet, and objects to self • Words and actions have positive impact on others

SCHOOL WIDE POSITIVE REINFORCEMENT SYSTEM

Rocket Slips

Individual students earn these for meeting or going above and beyond the Rocket Way (Respectful, Responsible, Safe)

Working towards a School Wide Goal

Golden Rockets

Whole classes earn these for meeting or going above and beyond the Rocket Way (Respectful, Responsible, Safe)

Working towards a School Wide Goal and Grade Level Goals

SUPPORTS FOR SOME STUDENTS

C H E C K I N S
(G R O U P O R
I N D I V I D U A L

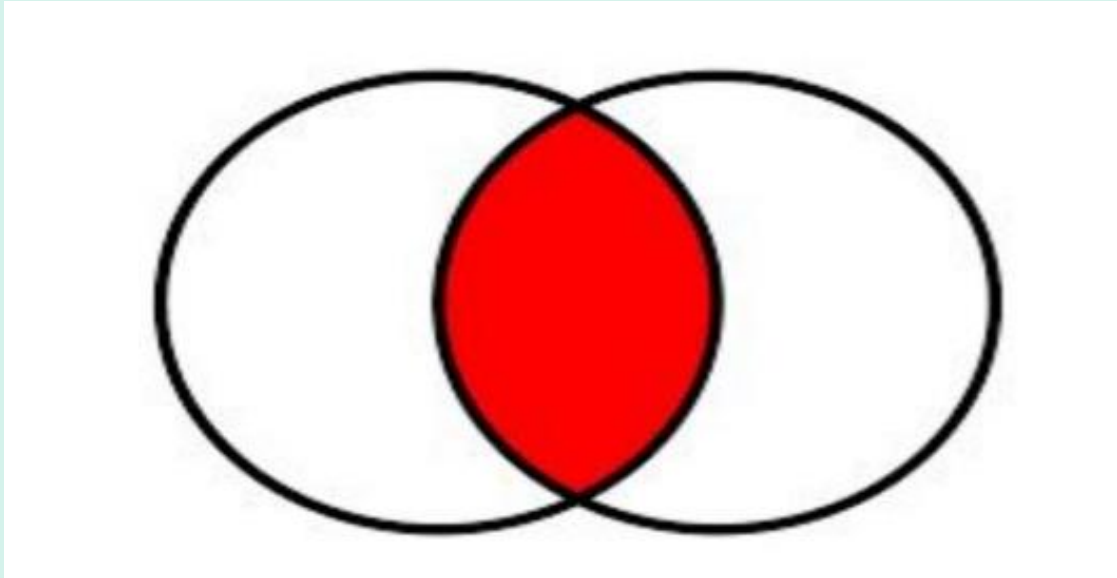
S M A L L
G R O U P
L E S S O N S

P R O B L E M
S O L V I N G
(R E C E S S)

HOW CAN YOU SUPPORT AT HOME?

Common Language (Positive and Specific)

- Thank you for being responsible by taking your dishes to the sink after breakfast.
- I noticed you were being safe today walking down the stairs.
- It was cool to see you show respect to your sister by asking her for a turn on the iPad.
- Can you tell me one way you were respectful, responsible or safe at school today?
- What is one way you want to try and show responsibility tomorrow at school?
- Right now you are showing an unexpected behavior and it is making me feel uncomfortable. How can I help you to show expected behavior?



HOW CAN YOU SUPPORT AT HOME?

Discuss the ways that being respectful, responsible and safe may look different or the same at home vs school.

HOW CAN YOU SUPPORT
AT HOME?

FAMILY MEETINGS

OPEN MEETING

SHARE/DISCUSSION
/GOALS

PLANS FOR DAY OR
WEEK AHEAD

ACTIVITY

RESOURCES FOR FAMILIES

C O A C H E S W E B S I T E

M O N T H L Y N E W S L E T T E R B L U R B
(C O U N S E L I N G)

F A M I L Y M E E T I N G S T O S U P P O R T
A T H O M E R O U T I N E S ,
P R O C E D U R E S , P O S I T I V E
B E H A V I O R S U P P O R T S A N D
R E I N F O R C E M E N T S



OTHER ROLES

- Tier 1 PBSES Facilitator
- Building Assessment Coordinator
- Administrative Internship

WALLACES@ISSAUQUAH.WEDNET.EDU

(425) 837-7534